

CATHOLIC GRADE SCHOOL ATHLETIC ASSOCIATION 2009-2010 BASKETBALL RULES

1. The rules to be followed are the National Federation of State High School Basketball Rules for 2009-2010. Sets of rules are available from the Oklahoma Secondary Schools Activity Association.
2. The following leagues will be offered to CGSAA member schools as defined below:
A LEAGUE: Any student who has not reached their 15th birthday before September 1, 2009 and who is enrolled in the 8th grade or 7th grade.
B LEAGUE: Any student who has not reached their 14th birthday before September 1, 2009 and who is enrolled in the 7th or 6th grade.
C LEAGUE: Any student who has not reached their 13th birthday before September 1, 2009 and who is enrolled in the 6th or 5th grade.
D LEAGUE: Any student who has not reached their 12th birthday before September 1, 2009 and who is enrolled in the 5th or 4th grade.
E LEAGUE: Any student who has not reached their 11th birthday before September 1, 2009 and who is enrolled in the 4th grade.

ALL PLAYERS MUST BE ENROLLED IN THE SCHOOL THEY REPRESENT.

Players may not play up more than one league classification from their normal playing league, according to the grade they are in. For example: a child in fifth grade may play in the D league may move up to the C league, but may not move up to the B league. **Third grade** children and younger are NOT allowed participation in the CGSAA basketball program (regardless of age). No students will be allowed to play down a grade regardless of their age.

3. Each team will be allowed one head coach, one assistant coach, and one scorekeeper (**scorekeeper must be keeping a score and are not to coach from the bench or the score table if so assigned.**). No one else is allowed on the bench with the players. Players who are injured may sit with their respective team and must be on the league roster.
4. Medals will be awarded in each league according to the CGSAA guidelines.

The following rules are variations to the national rules that will apply to all CGSAA league games as approved by the CGSAA board and its representatives.

5. PLAYING TIME: A and B leagues will play 6 minute quarters.
C, D, and E leagues will play 5 minute quarters.
6. Each team will be allowed 5 minutes warm ups before the games. There will be 1 minute between quarters and 5 minutes between halves. **Only the players and coaches are allowed on the court before, during or after the game. All non participants shall remain in the stands and off the court. Only players and the coaches for the scheduled games will be allowed to practice.**
6. EXTRA PERIOD: An extra period, if needed due to a tied game, will be 2 minutes in length for all leagues. All additional extra periods will also be 2 minutes in length.
7. Each team must be at the playing gym 15 minutes before the game.
8. All games will start at the scheduled time unless the previous game has not ended: in which case the game will start 5 minutes after the end of the last game.
9. The home team will be determined by a coin flip before the game. The home team will be the official book. The visitors line-up must be presented to the official book at least 5 minutes prior to game time. The home team must also provide the game ball. The ball must meet the approval of the referee who is the final judge on the acceptability of the ball.
10. A forfeit will be declared when a team is not ready to play 10 minutes after the scheduled game time.

11. Teams who play the first game of the day may not take the floor prior to 10 minutes before the scheduled start of the game.
12. E leagues (both boys and girls) will be allowed to shoot free throws from the low line of the circle, between the goal and the normal free throw line. This line should be 6 feet from the normal free throw line.

D leagues (both boys and girls) will be allowed to shoot free throws from a line that is exactly 3 feet from the normal free throw line.
(note that in 4th and 5th grade players should line up just like the older grades with 3 players on each side of the shooter even if they are behind the actual shooter)
13. PRESS RULE: Leagues A, B, C, and D may press at any time unless the defensive team has a 20-point lead in leagues A and B or a 10-point lead in leagues C and D. At that time the defensive team may not apply a press defense past the centerline on any change of possession. This includes balls being in bounded in the back court, off steals and rebounds. This is only after a clear change of possession. Pressure defense must not be applied in these circumstances until the offensive team reaches their front court. Rule 24 addresses the 4th grade E league for boys and girls.
14. The CGSAA is to promote good sportsmanship among the member schools. Each losing coach and team, in a gesture of good sportsmanship, will congratulate the opposing team after the game.
15. The CGSAA promotes good sportsmanship and the development of all children in the league. The following playing rule applies to all teams participating in the CGSAA leagues.

PARTICIPATION RULE

Grades 4, 5, and 6 will follow a participation rule requiring a minimum of one continuous quarter worth of playing time for each suited player for each league game. For grades 4, 5, and 6 the participation is a continuous quarter. The coach before the start of the game must alert the official scorer of the players and the designated quarter that he or she will play. **Players may only come out of their designated quarter due to injury, if ejected, or disqualification.** If you substitute for a player during their designated quarter due to these reasons during a game then you must denote the reason in the official score book. Any health exceptions must be noted in your score books before the game if the player will not participate according to the participation rules. All players with health exceptions must have a League Participation Waiver signed from their parent/guardian and the principle of the school and on record with the CGSAA Basketball Commissioner. Copies of the waiver must be brought to each game. The opposing coach should also be informed to save problems down the road. If there are any questions concerning the participation rule during the games then the official score book must be given to the gym coordinator after the game. It then will be turned over to the basketball commissioner. The game officials are not responsible for enforcement of this rule! Any violations are to be brought before the official scorer and gym coordinator and all coaches involved.

Violations of the Participation Rule in the 4th, 5th, and 6th grades will be investigated and if necessary, dealt with immediately. A report of any reported violations will be forwarded to the principal at respective school. Any violation handed out by the commissioner and/or the Executive Board will carry with it a two game suspension by the coach and game forfeiture. If a coach violates this rule with a second offense then the coach is suspended for one year.

This participation rule applies to all league games and CGSAA sponsored tournament games for 4th and 5th grade. This rule applies to all league games for the 6th grade but will be waived for the end of the year tournament.

NOTE: It is the intent of the CGSAA to strictly enforce this rule! (**participation waiver and explanation page 5, 6, 7 & 8**)

The Executive Committee of the CGSAA reviews any violations to rule 15.

16. The procedure for jump balls will be to alternate possession instead of having a jump ball. The alternate possession will be determined by the official timekeeper.
17. If a player both (boys and girls) wears a T-shirt or other shirt under his or her jersey, the shirt must be the same color as the jersey body. It cannot be the trim color or plain white, unless the team wears white jerseys. If a player wears a leg girdle, it must be the same color as their pants. Also, the sleeves of the T-shirt must be the same lengths. It is the coaches responsibility to make certain his/her team complies with this particular rule.
18. If two teams have the same color jerseys, then the home team will wear target jerseys.

19. A prayer will be recited before each game by all players and coaches. The prayer should be led by the home team, and should reflect our ideas as set forth by our Association, in accordance with our love of God and fellow participants in the contest.
20. All league games will be completed by the last weekend in February.
21. A coaches meeting will be held prior to the beginning of the season in November. This meeting will be CO-chaired by the Basketball Commissioner and the Head of Officials. All coaches both new and old should attend this important meeting to learn about any specific changes to the rules. Attendance will be taken at the meeting.

RULES PERTAINING ONLY TO THE FOURTH GRADE LEAGUE

22. Scores should be kept for each game, but league standings are eliminated.
23. The no press rule will be in effect for both boys and girls 4th grade basketball (E league) for the ENTIRE game of all league and tournament games. This includes inbounds, after points are scored and after rebounds.
24. An Oklahoma City CGSAA League Tournament will be held for the 4th grade at the end of the season.
 - A. First round games will be held on Thursday, Friday, and Saturday.
 - B. There will be a winner bracket and a consolation bracket.
 - C. A trophy will go to the winning team. This is the league traveling trophy kept for the year.
 - D. Seeding for the tournament will be a draw of the hat.
 - E. The Participation Rule will apply during the tournament.
25. All 4th-grade participants will receive a medallion for their efforts during the season.
26. Fourth grade teams (boys and girls) will use an intermediate size basketball. (28.5)

RULES PERTAINING ONLY TO THE FIFTH GRADE LEAGUE

27. Scores should be kept for each game, league standings will determine the year end tournament seeding.
28. A Oklahoma City CGSAA League Tournament will be held at the end of the season.
 - A. There will be a winner's bracket and a consolation bracket.
 - B. Trophies will be awarded to 1st, 2nd, and 3rd place team.
 - C. The Participation Rule will apply to tournament games.
29. Fifth grade teams (boys and girls) will use an intermediate size basketball. (28.5)

RULES PERTAINING ONLY TO THE SIXTH GRADE LEAGUE

30. Sixth grade teams (boys and girls) will use an intermediate size basketball. (28.5)
 - A. The participation rule applies to league games but will be waived for the end of year tournament.

RULES PERTAINING ONLY TO THE SEVENTH AND EIGHTH GRADE LEAGUE

31. Seventh and Eighth grade teams (boys) will use a standard size basketball. (29.5)
32. Seventh and Eighth grade teams (girls) will use an intermediate size basketball. (28.5)

TEAM ROSTER RULES FOR LEAGUE AND INVITATIONAL TOURNAMENT

33. The CGSAA Official League Roster is due at the December CGSAA meeting unless league games start prior to that date and then they are due 48 hours prior to the first official league game. IT MUST BE FILLED OUT COMPLETELY AND SIGNED BY THE SCHOOL PRINCIPAL. Students can only play on 1 team and be on 1 roster. No existing school student may be added to a team's roster once the league season is 50% complete. This includes the remainder of league and Year-end Tournament games. Newly transferred students may be added to the rosters at any time with approval of school principal. **Schools with multiple teams, in grades 4th through 8th will not be allowed to combine teams for all CGSAA Basketball post season tournaments.**

34. Parents and coaches may not petition other teams for players. CGSAA Representatives will bring all players that they have available because they do not have enough to field a team to the CGSAA meeting for discussion and approval. **This is done during the roll call meeting which is the 1st Wednesday in October.** This will eliminate the perception of teams padding their rosters or coaches running children out of our program. It is our mission to insure we find a place for all students in the CGSAA a place to play. Changes in the number of teams may be made through the 2nd Wednesday in October. After that date the fine will be \$100.00 up until the schedules are finished and then the fine will be the league entry fee. Forfeits will be \$50.00 per game. 2 forfeits in a season will cause that team and its players and coaches to be ineligible for the city and state tournament. Any exceptions to any rule must be presented to the executive committee for approval.
35. **Forfeit: A forfeit is a forfeit and the game will not be played, rescheduled nor refereed by our league officials.**

DECORUM FOR THE SEASON

36. While the ball is in play, coaches **must remain in their seats on the bench** except for the spontaneous reaction to an outstanding play. If you must discuss something with the official, please do so during a time-out or quarter break and only by the Head Coach. Violations of this rule are subject to the officials' interpretation and can result in technical fouls being issued against your team. Remember that a technical counts as a team foul.
- NOTE: The officials are there at our request to ensure the integrity of the game. If your coaches have a problem with an official, they must make sure they bring their problem to attention through proper channels. (See 37)**
37. All requests from coaches, fans and players should be brought to the CGSAA Basketball Commissioner or Head of Officials through the schools CGSAA representative. **Never** approach officials after the game with complaints. **Any complaints filed by referees about this will result in an automatic minimum 1 game suspension.**
38. Any player ejected from a game for fighting will be suspended for a minimum of 2 games. This includes league and CGSAA-SPONSORED tournament games. Any coach ejected from a game will face a one game minimum suspension. Any coach ejected for the second time during the season which includes the tournament will be suspended until the next executive meeting which is the 1st Wednesday of every month. The coach will not be allowed in the building of those teams they were coaching. If the coach is ejected for fighting then he will be suspended until the next executive meeting. At that time he may present his/her case. Any parent ejected from a gym will be suspended for a minimum of one game.
39. Suspension will be served the next scheduled game and means the player and/or coach and/or fan is not to attend the game. This includes the year end tournament.
40. Any discipline to coaches, players, and fans will be addressed to the representative of that school. Discipline may also occur above and beyond what the CGSAA administers, by the Principals, Athletic Boards, and Representatives of any member school at their discretion. It is the mission of the CGSAA to insure that all schools are informed of problems so they may address them with the coaches, players, and fans.
41. These rules pertain to CGSAA sanctioned basketball events. The end of the year tournament will list any rules that are not in effect during this event.
42. All rule violations are subject to discipline by the CGSAA Basketball Commissioner, CGSAA Board and the CGSAA Representatives and can include suspension.
43. There will be no dunking, intentional slapping the backboard, or intentional grabbing the rim or net before, during, or after any game. A violation of this rule could result in a technical foul, ejection from the gym and/or a one game suspension.

NOTE: Any changes to the above rules must be presented to the CGSAA Executive Committee and representatives at the October meeting for approval or denial by a majority vote of school representatives prior to the acceptance of these rules for the new season

Any rule interpretations during the season must be brought to the attention of the representative of that school who will contact the Basketball Commissioner and Head of Officials for immediate interpretation. The Executive Committee will resolve at its regular meeting any protests to decisions made prior, during and after the season.

(note page 5-6-7 under participation rule on web site)

PARTICIPATION WAIVER

Due prior to 1st game of the season

_____, who plays for _____ School,
Players name *School Name*

Due to physical limitations is not able to fully comply with the CGSAA league participation rule. He/she is not physically able to play one continuous quarter, (5 minutes). This waiver is valid for the entire league and year end tournament. The waiver is valid for the CGSAA league games for 4th and 5th and 6th grade students. The CGSAA participation rule is outlined as follows:

PARTICIPATION RULE

Grades 4 and 5 and 6 will follow a participation rule requiring a minimum of one continuous quarter worth of playing time for each suited player for each league game. For grades 4 and 5 and 6 the participation is a continuous quarter. The coach before each game must alert the official scorer of the players that he/she intends to play and at that time designate all players for the continuous quarter they will be playing. Both teams shall have this in both the official book and their own scorebook. Once the game has started the designated quarter cannot be changed for any reason. Players may only come out of their designated quarter due to injury, ejection, or disqualification. If you substitute for a player during their designated quarter due to any reason during a game then you must denote the reason in the official score book. Any health exceptions must be noted in your score book before the game if the player will not participate according to the participation rules. All players with health exceptions must have a note signed for their parent/guardian. These copies must be brought to each game. The opposing coach should also be informed to save problems down the road. If there are any questions concerning the participation rule during the game then the official score book must be given to the gym coordinator after the game. It then will be turned over to the basketball commissioner. The game officials are not responsible for enforcement of this rule. Any violations are to be brought before the official scorer and gym coordinator and all coaches involved.

Violations of the Participation Rule in the 4th and 5th and 6th grades will be investigated and if necessary, dealt with immediately. A report of any reported violations will be forwarded to the principal at respective school. Any violation handed out by the commissioner and or the Executive Board will carry with it a two game suspension by the coach and game forfeiture. If a coach violates this rule with a second offense then the coach is suspended for one year.

This participation rule applies to all league games and CGSAA sponsored tournament games for 4th and 5th grades. The 6th grade applies to all league games but will be waived for the final tournament of the season. Note: This participation rule is a minimum requirement.

NOTE: It is the intent of the CGSAA to strictly enforce this rule.

This waiver must be signed by a parent or guardian and the schools principal.

Dated, _____

Parent/ Guardian

School Principal

This form must be given to the CGSAA Basketball Commissioner.
Barry Hotte, c/o Action Sports 524 E. Memorial Okc., Ok. 73114
The head coach must have a copy of this form to present to the official scorer at all games.

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The following procedures must be followed during each game

4th 5th 6th grades

1. Every eligible player who is in uniform on the bench and is properly recorded in the official scorebook must play a minimum of one continuous quarter unless a properly completed Participation Waiver (page 5) was presented before the start of the game to the official scorer and opposing coach. It must also be on file with the Commissioner of Basketball.
2. The official scorer must be notified before the start of the game, as to which continuous quarter players are designated to play. Every player must be designated to play one continuous quarter before the game begins and both coaches shall know and record in their respective books those quarters.
3. The official scorer will keep track of the designated quarters in the following manner. The designated quarters are completely blocked out as opposed to the simple (x) or slash (/) used to indicate other quarters played.
4. The Head Coach is responsible to insure the player is designated to play prior to game time and shall take it upon himself or herself to ensure proper adherence to all league rules.
5. The official scorer must print/sign the official book. (Full name). The official scorer is determined by a coin toss. The official scorekeeper must sit at the scorer's table. The scorer must be at least 18 years of age. The official score cannot coach from this position at any time.

Most Frequently Asked Questions

About the participation rule

Question: What if my player gets into foul trouble during his/her designated quarter?

Answer: A player may not be taken out of their designated quarter unless they are disqualified or injured. This does not apply to anyone with a properly completed waiver. (page 5)

Question: What if I have a player who did not make any practices?

Answer: Many schools have a policy that you must attend practice to play. However if the child is suited up for the game and is sitting on the bench then they must play a minimum of one continuous quarter. This is a minimum requirement and only playing 5 minutes may be sufficient discipline.

Question: I let them play a full quarter prior to their designated quarter. Can you go back and designate the previously played quarter for him/her?

Answer: NO! Before the game starts the quarter is designated and cannot be changed once the game has started. Prepare a master grid indicating which quarter you want to designate prior to the game and turn in before the game starts.

Question: I have a player that's been up all night sick?

Answer: Then he/she should not play. As coaches we have responsibility to the entire team. If a child is sick or injured and cannot play five continuous minutes, then they more than likely need to rest and heal. Insure they are not in uniform.

Question: I have a player who is running late?

Answer: As coaches and parents we have an obligation to the team and players to insure we get to our games on time as stated in the rules. If they are late they must be added to the official scorer at that time and may incur a technical foul for changing the official book. They must be designated at that time for a remaining quarter that is left in the game. You cannot assume a late child will ever arrive so only enter when they arrive. Get to your games on time.

Question: What if both coaches agree to not designate a quarter?

Answer: Apparently this has occurred in the past but will no longer be tolerated. Any coach who does not follow the rule will be dealt with as listed. It is the intent of this league to ensure strict adherence to the participation rule.

Remember this rule applies to all league games and tournaments for 4th and 5th grades and for league games only in the 6th grade.

Know and trust your scorekeeper! Your scorekeeper must fully understand the responsibilities of being the “official scorer.” Please review before the game all of their responsibilities. Every team should have someone who is able to keep score. Spend the time to train someone so we do not have the same teams always providing the scorer and teams who have no one cable of doing this.

If your team is the visiting team (determined by coin flip prior to the game) then you should have your scorekeeper at the end of each quarter verify and compare scorebooks. This should not be done during the quarter. If there is a discrepancy then you should bring that to the referee’s attention for possible correction.

PLEASE be aware of the players you designated for each quarter! It is no one else’s responsibility but yours. Again, you must prepare a master game grid and enter in the official score book prior to game time. **Do
not substitute for a designated player!**

You may have to forfeit a game and face suspension from the league. Watch your substitutions carefully. Make certain the correct player comes out of the game.

Master Game Grid Sample

1st qtr	2 nd qtr	3 rd qtr	4 th qtr
Jimmy 20	Alan 15	Timmy 10	Johnny 5
Larry 25	Kevin 40	Todd 23	Mike 35
	Chris 45	Billy 30	
	Chad 50		

Before the game starts a team representative must inform the official scorer as to which players are playing and to designate the continuous quarter that he/she will be playing. We recommend you witness the scorer darken the entire box in the scorebook so designating your players. Remember you cannot change the designation once the game begins. The strategy is to coach all your players and get them involved in practice and games so as to help the team by their participation. Kids will naturally get better and probably continue playing if we take the time to make them feel a part of something.

All games will be completed even if there is a clear violation of the participation rule.

At the conclusion of the game the official scorer and coach of the apposing team that saw the violation should notify the gym coordinator as to any violation. The official scorebook should not be given to any coach after the game if there is a violation. It must be turned over to the Gym Coordinator or the CGSAA Basketball Commissioner.

CONDUCT

44. **Students** participating in athletics in the CGSAA should conduct themselves first and foremost as Christian people. They have respect for others, especially other team members and coaches. They listen and respect the authority of the adults who are working with them. They show respect for their opponents and treat them in a positive manner. They control their anger, do not use abusive language, or physically try to harm anyone. At the same time they are striving to compete to the best of their physical ability. Their primary goal is to get better with each practice or game, not to win at all costs.

Coaches participating in athletics in the CGSAA should conduct themselves first and foremost as Christian people. They are to be models of good sportsmanship and Christian behavior. They should respect their players and care for them as a big brother or sister would. The guiding principle is that we are all brother and sisters in Christ and our behavior should reflect that belief. Therefore, a coach should not use abusive language or put downs that tear down a child=s self-esteem. This includes showing respect for players and coaches on their team as well as opposing teams.

Parents and fans are also expected to conduct themselves as Christian people. This includes showing respect for players and coaches on their team as well as opposing teams. They should refrain from abusive language and voice their disagreement with the officials calls in the appropriate manner as listed in the rules. Never is booing or personal put-downs appropriate.

Not only should this page be read by coaches, it should be copied and given to every student, fan, parent and coach. Everyone should pull up the rules on the website and read and understand them.

CGSAA RULES VERIFICATION

I THE COACH/PARENTS/REP/PRINCIPAL OF THE 4th/5th/6th/7th/8th (circle one)
BOYS/ GIRLS (circle one)
TEAM AT _____ (School) HAS READ AND UNDERSTANDS THE CGSAA
BASKETBALL RULES AND HAS BROUGHT ALL QUESTIONS I HAVE TO THE
ATTENTION OF THE CGSAA REPRESENTATIVE OF THE SCHOOL AND AT THE
COACHES CLINIC. I AGREE TO ABIDE BY ALL RULES FOR THE YEAR 2007-2008.

SIGNATURE OF HEAD COACH _____ asst coach _____

SIGNATURE OF SCHOOL CGSAA REPRESENTATIVE _____

SIGNATURE OF SCHOOL PRINCIPAL _____

SIGNATURE OF PARENTS PARTICIPATING

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

DATE _____ (page 9 must be signed and dated and returned to the
commissioner of basketball with the league roster at the December CGSAA meeting which is
the first Wednesday of December)